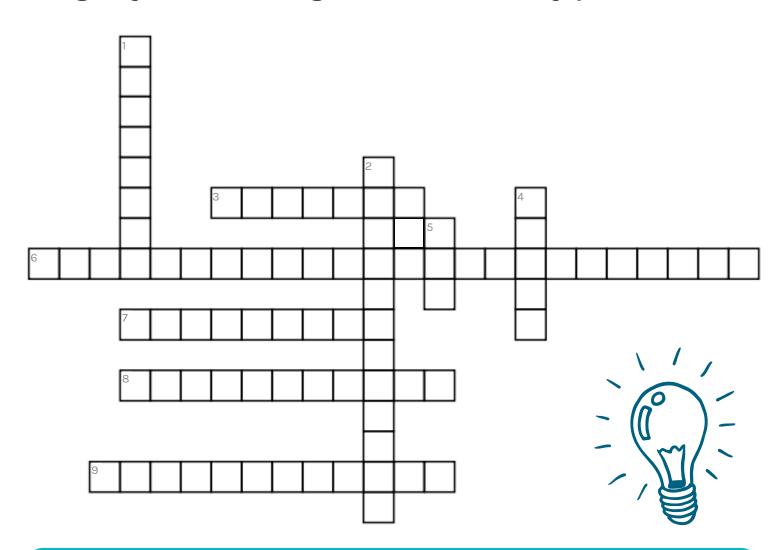


Collect your Christmas bauble, colour/decorate them, then cut the bauble out and hang it on the Christmas Tree in your Kingswim centre. decorate





Kingsley's swimming and water safety puzzle



#### DOWN:

- 1. What animal is Kingsley
- 2. What colour are the swim between the flags?
- 4. A water safety rule Never Swim \_ \_ \_ \_ \_
- 5. You can use this to keep your head dry

#### **ACROSS:**

- 3. Wear them to see under water
- 6. What does PFD stand for?
- 7. You hold this with 2 hands when practicing your kicking?
- 8. When my teacher wants me to kick my legs faster they say?
- 9. What is one of the three survival strokes?







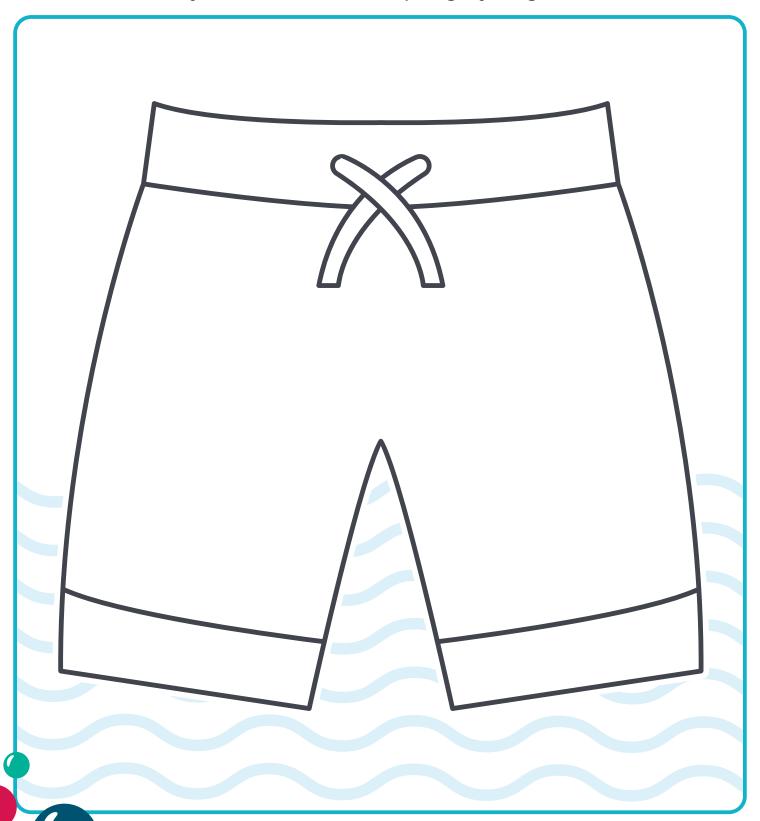
It's time to switch on your creative flare and help Kingsley design some new swimmers!







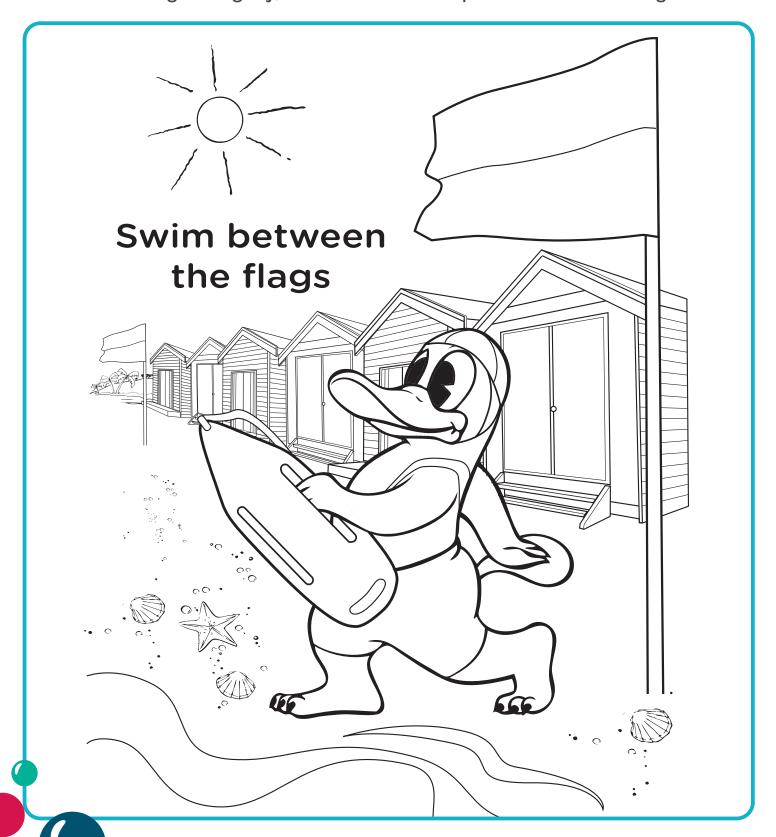
It's time to switch on your creative flare and help Kingsley design some new board shorts!







Have fun colouring-in Kingsley, and remember his important summer message!









### Draw a line from the activities below with the images

- When I go to my swimming lessons I need my?
- What will protect me from the sun at the pool, lake or ocean.
  - ☐ I sit under a ? to protect me from direct sun
    - I swim between the ? at the beach
    - My? safely supervise me around water
    - ☐ I wear a ? in and around the lake or ocean





### **ANSWER SHEET**

### KINGSWIM SUMMER HOLIDAY ACTIVITY SHEET



Kingsley's swimming and water safety puzzle

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